



Jackson-Madison County School System Trend Report CSH Overview Summary

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Jackson-Madison County School System in 2007.

CSH Infrastructure Established

An infrastructure for CSH has been developed for the Jackson-Madison County School System that includes:

- School Health Advisory Committee
- Twenty-eight Healthy School Teams
- School Health Policies strengthened or approved include the Student Wellness Policy, Emergency Allergy Response Plan Interscholastic Athletics including CPR training mandate for all coaches and band directors, Emergency Preparedness Plan including Automated External Defibrillator (AED) and Pandemic Flu/Medical Emergencies, Student Psychological Services including Mental Health Administrative Procedures, Confidential Communication of Students, Child Abuse and Neglect, Basic Program (Family Life Instruction), Acquired Immune Deficiency Syndrome, Medicines, Personnel Health Examinations/Communicable Diseases, Student Discrimination/Harassment/Bullying/Cyber Bullying/ and Intimidation, Drug-Free Schools, Community Use of School Facilities, and the Joint Community Wellness Policy approved and adopted between Jackson-Madison County School System, City of Jackson and Madison County.
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA since 2007 totals \$1,479,848.

Community partnerships have been formed to address school health issues. Current partners include:

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| ➤ Jackson Business and Professional Women's Association | ➤ East Jackson Family Medical Clinic |
| ➤ Chamber of Commerce | ➤ JCT School Health Clinic |
| ➤ Proctor and Gamble | ➤ Murray State College |
| ➤ Sam's Club | ➤ CHAT health council |
| ➤ Jackson Rotary Club | ➤ Smiles and Blessings Dental Clinic at JCM |
| ➤ WTHC Foundation | ➤ Methodist Lebonheur |
| | ➤ The Jackson Sun newspaper |
| | ➤ West TN chapter of TSPN |

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| ➤ Lions Club, | ➤ Sports Plus |
| ➤ Kiwanis Club | ➤ Red Cross |
| ➤ Cigna | ➤ American Heart Association |
| ➤ BCBS | ➤ Alliance for a Healthier Generation |
| ➤ City of Jackson and Madison | ➤ American Cancer Society |
| County Parks and Recreation | ➤ Jumpstart Jackson |
| Depts. | ➤ Community Health Council |
| ➤ WRAP | ➤ Boys and Girls Club |
| ➤ West TN Cancer Coalition | ➤ TCCY |
| ➤ Arthritis Foundation | ➤ Solus Performance Pro-Kids |
| ➤ Tennessee Tech | foundation |
| ➤ Union University | ➤ TSPN |
| ➤ Lambuth University | ➤ RIFA |
| ➤ Lane College | ➤ Area Relief Ministries |
| ➤ Jackson State Community | ➤ TN Obesity Task Force |
| College | ➤ RHAT |
| ➤ University of Memphis | ➤ NASN |
| ➤ UT Extension | ➤ TASN |
| ➤ UT Medical Group | ➤ JMCSS Family Life Committee |
| ➤ Community Anti-Drug | ➤ National League of Cities |
| Coalition | ➤ National Recreation and Parks |
| ➤ SNAP | Association |
| ➤ TNCEP | ➤ American Association of School |
| ➤ EFNEP | Administrators |
| ➤ TennderCare | ➤ CDC Achieve |
| ➤ JMC Health Dept. | ➤ Governor's Highway Safety Coalition |
| ➤ Jackson Madison County | ➤ Project Teach |
| General Hospital | ➤ JMCRHD Epidemiology and |
| ➤ Regional Hospital | Emergency Response Dept. |
| ➤ Women's And Children's | ➤ TN Voices for Children |
| Center | ➤ PTO's |

Parent and Student Involvement Developed

Parents are involved in numerous CSH activities including Healthy School Team meetings, School Wide Public School Celebration, we had over 3,000 parents, grandparents and students in attendance, PTO Meetings, JumpStart Jackson Community Wellness Walk, Parent Teacher conferences, and School Board meetings. Students in the media class at South Side High School continue to produce a 3-5 minute video of activities in the schools to be shown at the school board meetings each month. This is an excellent way to bring awareness of current events and programs in our system. During child health week, many schools allowed the students to come up with ideas for physical activity and health snacks for the week. The dental clinic at JCM has a HOSA club with approximately 40 members each year that educates students about dental hygiene. At Andrew Jackson Elementary School, they have a Young Men's and Women's with 24 members. They students are nominated by the teachers and must meet a certain GPA and be a positive role model in the school. Madison Academic High School had developed a Youth Health Council as a pilot program for CSH. We are addressing areas of concern that the students see as a priority for their school. Our health occupation classes in 4 high schools do many projects to focus on health and wellness for students and staff in their buildings. Some of the topics are nutrition, physical activity, and cancer and heart prevention. They offer blood pressure checks for staff many times during the year. The students at each

school was encouraged to walk with their families in the community wellness walk and we have 1,000 plus in attendance each year. Many high schools students completed the American Diabetes Association health survey and they shared the site with parents.

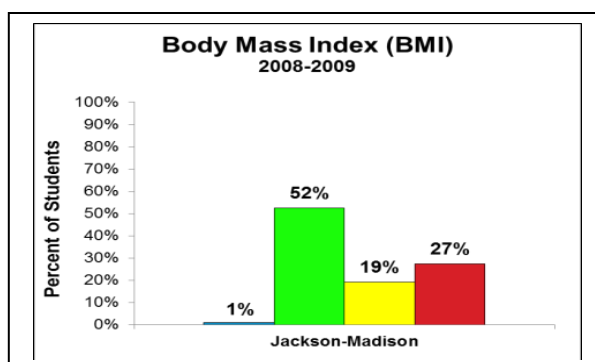
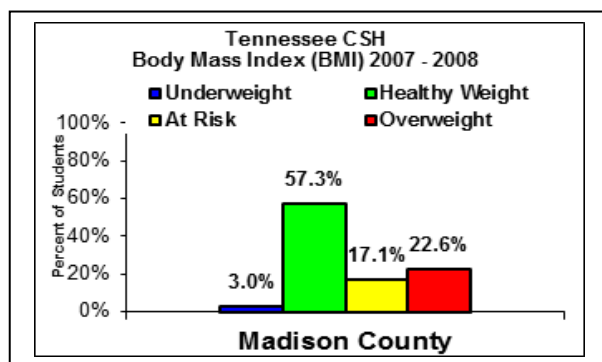
School Health Interventions

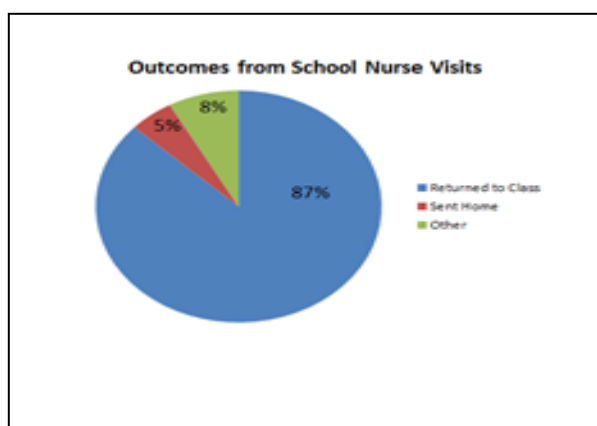
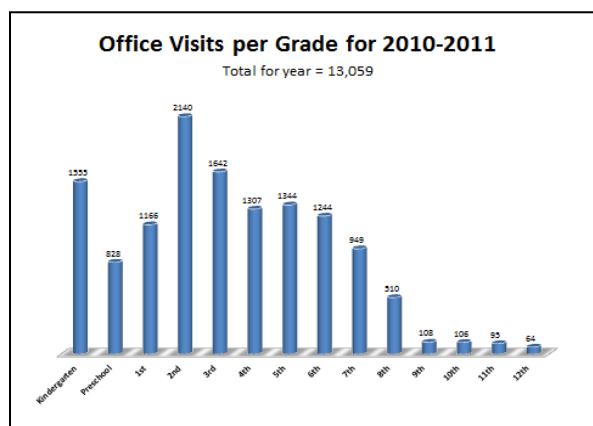
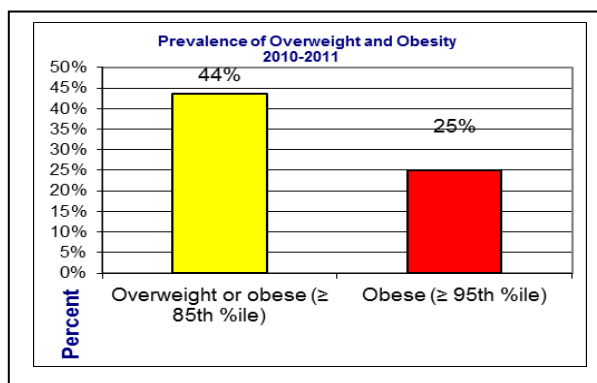
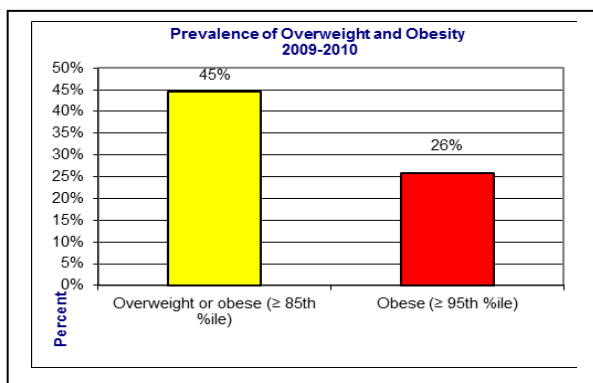
Since CSH has been active in the Jackson-Madison County School System, the following health interventions have taken place: partnering with West Tennessee Healthcare to operate a school health clinic at one of the elementary schools. South Elementary recognized by Health magazine in the September 2008 edition as being one of “America’s Healthiest Schools”, recognized by the National League of Cities, American Association of School Administrators and the Robert Wood Johnson Foundation as a Leadership for Healthier Communities community. The City of Jackson has been awarded an Achieve grant funded by the Centers for Disease Control for their community partnership with the Jackson-Madison County School System and other agencies in the community. JMCS has partnered with the Alliance for a Healthier Generation. Each of the 28 schools participates and Nova Elementary was selected as a Bronze winner for 2011. Automated External Defibrillators (AED’s) have been placed in each of the 5 high schools courtesy of the local Kiwanis Club of Jackson. General Mills Champions grant recipient received for the intermediate schools. School Nutrition was awarded a USDA Best Practice award in 2011. School Nutrition has been awarded multiple fresh fruit and veggie grants and this continues to expand each year.

During the 2010-2011 school year, 7,106 School Health Screenings and 1,396 Referrals to Health Care were provided for our students;

During the 2010-2011, data shows 13,314 visits to the school nurse. 87% of those students were returned to class, 5% sent home and 8% sent to medical provider or other provider;

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA. BMI data has been collected for the past four years, the most recent data shows a 1% decrease in the overweight and obese categories;





Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include: walking tracks, fitness centers for staff, students and families, Spark curriculum, Michigan Model curriculum;

Professional development has been provided to counselors, physical education teachers, and nurses. Examples include: SPARK training for the physical education teachers in-service, Alliance for a Healthier Generation training session for physical education and wellness teachers and school counselors, Prevent Blindness training for CSH staff and school nurses, asthma, diabetes and seizure training for nurses, medication administration training for staff, CPR, AED and first aid training for staff;

School faculty and staff received support for their own well-being through fitness centers at schools, Zumba classes, discounted rates at local gyms and nutrition centers, on-site Weight Watchers classes, on site health screens and immunization clinics, and School Health Clinic services for all staff and their families.

Specific interventions have been made in the following areas to address childhood obesity and behavioral issues:

- Health Education Interventions – Michigan Model curriculum for all schools;
- Physical Education/Physical Activity Interventions – SPARK physical education in services and curriculum for all schools;
- Nutrition Interventions – Breakfast in the Classroom, Fresh Fruit and Veggie grants, and student wellness policy addressing snacks and class parties;
- Mental Health/Behavioral Health Interventions – administrative procedures for mental health intervention and referral guidelines, MOU's with local mental health providers, and training for staff.

In such a short time, CSH in the Jackson-Madison County School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

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